



## Newsletter No 21

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*Welcome back to the Gladstone Men's Shed Newsletter. The purpose of this newsletter is to provide a little more information during this period of the shed closure due to Covid19 regulations. However our principal means of communication remains the web [www.gladstonemensshed.org](http://www.gladstonemensshed.org) Please forward this newsletter on to anyone you think might be interested, and feel free to give any feedback to [menshed4680@hotmail.com](mailto:menshed4680@hotmail.com)*

### President's Comments:

In recent Newsletters we have missed Men's Health Week, which is 15<sup>th</sup> June to 21<sup>st</sup> June 2020 with the theme "Working Together for Men's Health". One of the aims of the Men's Shed organisation is to improve the health and wellbeing of members and reduce the number of men who are at risk from preventable health issues that may emanate from isolation. Unfortunately we may need to await Stage 3 on 10<sup>th</sup> July to welcome all members back into the Shed, but as it has been some time since we have had a guest speaker on health issues, so it would be good if we can match-up a presentation in the near future.

To continue the health message, a web site that could be of use right now is the Govt's free health advice including the coronavirus symptom checker - [Health Direct](https://www.healthdirect.gov.au/)

Another with a few useful links from the Council of the Ageing Queensland (COTA), the pages include information on –

- [General information on COVID-19](#)
- [Aged care](#)
- [Isolation, loneliness and mental health](#)
- [Things to do](#)

As always in these Newsletters whenever you see the blue underlined text, simply use the Control (Ctrl) key at the same time as a Right Click on the mouse and you will be transferred to the relevant page on the web. The one click will be enough, at times there may be a slight delay, but you will get a message if it is not working. "Things to Do" has some good links to Museums and Art Galleries, Performing Arts including opera, ballet and theatre and over the weekends Andrew Lloyd Webber musicals.

### In the Workshop (Or on the Net):

Our suggested link this week will take you back into the workshop environment. Hare & Forbes also known as Machinery House have provided most of the larger tools in our Shed and we have a good contact in Brisbane, Dave Hurst, if you ever need a quote.

The following link is to their complete list of videos, you will find everything in there from Button Dies to Wood Turning as there is a video on how-to or safety for just about every item they sell - [Hare & Forbes](#)

### Who Remembers:



### AMSA Shed Online & Shed Wireless

This article has been published in Shed Online by the AMSA Exec Officer on what is the role of Men's Sheds post Covid-19 and the last few months have been like no other. Whilst Men's Sheds are still closed, AMSA has begun looking towards the role of Men's Sheds beyond this health and economic crisis.

Following the turmoil of the COVID-19 pandemic we can all ask ourselves: what do Men's Sheds look like in a "post COVID-19" world?

This question is personally put to us, the Men's Shed community, for discussion and ideas. With anticipated higher unemployment there could well be increased demand for participation in Men's Sheds and there will be a number of new opportunities for Sheds to increase membership and attract younger men. There will be a greater need for activities that will socially engage men, and possibilities for training and educational programs.

There will also be new opportunities for Sheds to strengthen their community links and partnerships with external organisations. However, as with all opportunities, there also comes risks and threats, but these can be overcome if we accept change and plan our way forward effectively. We can all state our opinions and ideas on how Men's Sheds can overcome the obstacles and shine in adapting to a post COVID-19 world?

### GMS (Global Men's Shed):

Some Men's Shed members have not been out globe-trotting for a while, so over the next page are a few suggestions in Europe, all with water views, to restart that travel bug running through the veins again. To assist those with itchy feet, a useful govt. site is always – [Smart Traveller](#)





Amalfi Coast, Italy



Bruges, Belgium



Kelebekler Vadisi (Butterfly Valley), Turkey



Sintra, Portugal



Lake Bled, Slovenia



Bay of Kotor, Montenegro



Hallstatt, Austria



Rakotzbrücke, Germany



That final photo is just proof that pictures speak for themselves. In 1860, a local knight in Kromlau, now part of Kromlauer Park, commissioned this arched bridge with the hope that the watery reflection beneath it would create the illusion of a perfect circle – what do you think?



#### Members Profile:

We needed to publish this profile while we had a chance as this member is fairly quiet and reserved and usually keeps to himself in the air-conditioning office. Seriously though, many thanks to **Dave Moore** for all that you have done over many years for our great Shed –

I was born in 1943 in Ingham, a small sugar town in far North Queensland, and in my early years I was brought up in a mill house at Macknade sugar mill belonging to the CSR Company owing to my father working in the mill. In later years when he passed away, we moved to a smaller town close by and I got a job at the local Holden dealers as a spare parts salesman. I stayed there for several years and then went to work driving cane harvesters and associated machinery during the crushing season.

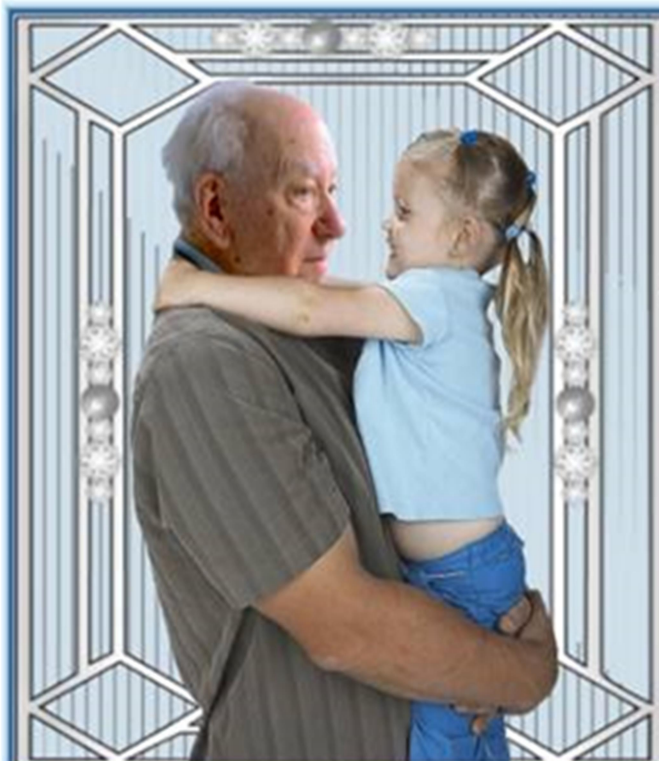
As there was no work in the off season, I went to Stanthorpe in the Granite Belt to pick fruit on a large orchard with quite a few mates from the same hometown.

I met and married my first wife there and we continued to travel to Stanthorpe in the off season to work on the same orchard until 1971 when our twin children were born.

With school looming in the coming years for the kids I looked for a more permanent job in the sugar mill and worked on the steam locos hauling cane to the mill as a fireman before obtaining a steam ticket to drive them in later years. With the introduction of diesel locomotives the steam engines were phased out, so I obtained a diesel ticket also, but decided to move into the factory itself and as I needed a higher ticket to do this, I sat and was successful in getting a first class steam ticket to drive the turbines and power station in the mill crushing process.

Working in this position for several years and during the time of mill expansion I also sat and passed a rigger and dogman's course and became qualified in these rolls and carried out maintenance during the expansion and slack periods in the mill. In 1984 after a marriage break up I wanted to move away from the north and noticed an article in the local paper about an alumina refinery in Gladstone looking for operators in their boiler station with first class tickets and decided to apply for a job, as there was several people that I knew had moved down there from the sugar mill. I received a quick response from them and was flown down for an interview and told I was successful in obtaining a job there. I moved down to Gladstone in July 1984 with my two children and commenced work at QAL in the Boiler house.

In the coming years I met my present partner Michelle and we enjoyed many trips and holidays together both at home and overseas before deciding in 2008 to build a new home in Gladstone and both retire, where we still are today. Soon after retirement I helped to develop the Men's Shed in Gladstone and still remain a member to this day.



*A little girl ran to her Grandfather, jumped into his arms and gave him a great big hug. Then she ran her fingers along his balding head and down the side of his wrinkled face. "Did God make you Grandad?" she asked. "Yes honey, he made me." She felt her own cheek and then asked "Did God make me too?" "Yes honey he made you too." "Well" she shrugged "Don't you think he's doing a better job now than he used to?"*

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