

## Newsletter No 8

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*Welcome to the Gladstone Men's Shed Committee Newsletter. The purpose of this newsletter is to keep all interested parties informed of the progress being made by the committee which would otherwise remain behind the scenes and progress in the shed itself. Please forward this newsletter on to anyone who you think might be interested. Please feel free to give any feed back you feel necessary to the committee or myself at [menshed4680@hotmail.com](mailto:menshed4680@hotmail.com)*  
*Thanks, Mark Robinson. President GMSA*

**Shed Opening Times:** The shed will be open two days a week. **Tuesdays and Thursdays from 8am to 12 Noon.** Bring your sense of humour and some closed in shoes. Don't forget to pick a name tag off the wall, write your name on it and pin it to your shirt.  
**Shed Committee meetings:** Shed General committee meetings are held on the **first Tuesday of each month.** The next meeting will be in the shed at 4.30pm on the 2<sup>nd</sup> October. Please don't park at the QRI

**Shed Shirts** are now available **at the shed.** Simply go in, tell Ron or Dave you want a Men's Shed Shirt, try one on, buy it for \$16.50 and then Dave will give it to his missus, Michelle, who will put your name, our logo and a pocket on it and bring it back for you. Simple!

**Co-ordinator** Ron Jackson and Dave Moore have accepted the role as shed coordinator. They will share the job to spread the load and ensure someone is there most of the time. Congratulations Ron and Dave.

**Safety Officer** There is a position open on the Executive committee for a Gladstone Men's Shed Safety Officer. The job would include but is not limited to preparing a safety plan, hazardous chemicals book, evacuation plans etc. If you are interested please see a committee member and let us know.

### **Fund Raising and Awareness**

Fund raising and community partnerships and awareness initiatives will be an ongoing process in our association. It's the same with most community organisations. We are self funded and therefore developing partnerships and raising funds are required to pay for our programs. Please don't leave it to the same few men.

The Gladstone Men's Shed Executive Team and Members would like to thank everyone who was able to attend our Opening Day Celebrations. The Mayor, Councillor Gail Sellers and member for Gladstone Liz Cunningham unveiled a plaque to officially open the Gladstone Men's Shed.



Of course no shed is ever big enough and we have plans for a bigger shed on some land in Moura crescent. There's lots of work to be done and we are very grateful to Mr Bob McCosker who has offered his support and guidance and has accepted our request to be the PATRON of the Gladstone Men's Shed

**GladstoneNews**  
 Your Community - Your News  
*weekly*

The Gladstone News Weekly hosted the Home and Lifestyle Expo again this year and the Gladstone Men's Shed was the beneficiary of funds raised at this event from gold coin donations at the gate. Some members were able to help out by collecting donations. Thanks everyone who could help. We collected a substantial amount from this day and thank the Gladstone News Weekly for their ongoing support.







"I would like to express my thanks to the Men's shed for their assistance with our inaugural 'Out of the Shadows and Into the Light' walk to promote and discuss the issue of suicide that we held on Sunday. As always you did a great job helping us and running the BBQ for this event. I would like to say a particular Thank You to Dave, Ron, Roy and Ray. We appreciate your help."

Leanne Montgomery, Site Manager, UnitingCare Community.



The Gladstone Men's shed was to have a sausage sizzle at Bunnings on Sunday 18th November. However another club wanted to change their date for sausage sizzle from a Saturday to a Sunday. So we have **changed our date to the following Saturday the 24<sup>th</sup> of November.**

Please mark this date in your calendar and make yourself available.

### Community Partnerships:

*During the course of setting up the shed we have been encouraged by the contact and support of other government and community groups. It's our aim to foster these contacts into partnerships with the Men's shed. In developing these partnerships we hope that there will be a two way exchange of information and services that will benefit both parties.*

**X Port Plumbing** has kindly donated two 9kg gas bottles to us.

When we use the gas we just take them back and they will exchange them free of charge.

They are also going to donate some off cuts of sheet metal and colour bond to us.

They have also offered us the use of the guillotine and sheet metal bender which will be handy.



The soon to be owner/operator of Hogs Breath Cafe Gladstone has been in contact. Alex Staines has said that when they eventually open the Hogs Breath Cafe early next year, they would love to support the Gladstone Men's shed in any way they can. Alex said "I'm a big believer in supporting the individuals/groups that give back to the community and Gladstone Men's Shed is a shining example of community coming together for the benefit of all."



The Creative Gladstone Region have extended an invitation for Men's Shed members to show some of our creative endeavours in their Gallery Shop. In addition, they have offered to work together on any projects we may need artists for. "We look forward to getting to know

all of you better, and please know you are all welcome to come to our centre to peruse our wares. We are located at 89 Goondoon st, with access from the rear of the building, in the car park area"

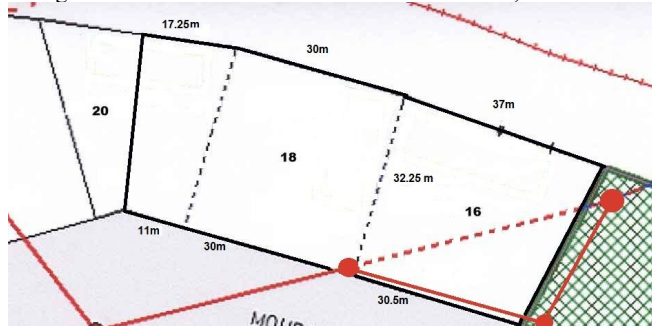
Thanks for your time, Kristel Kelly

Co-Media Coordinator for Creative Gladstone Region.



**Our New Shed** OPUS International Consultants have offered their services to help us maximise the use of the space we have been given in Moura Cr. OPUS is a leading international multi-disciplinary consultancy business that provides specialist advice and project management across a wide range of service sectors.

These include highway asset development and maintenance, architecture, infrastructure development and environmental planning. We are very lucky to have them on board. Due to a number of restrictions there will be a reconfiguration and amalgamation of the blocks. We will build on No 16, 18 and 1/2 of 20.



A meeting was held between Opus, the Men's Shed (MS) and McNee North (MN) to try to finalise the arrangement of the lots and other matters.

Opus will also seek meetings with Darts Billiards (DB) and RSL clubs to confirm their site and building requirements.

Opus have proposed the following actions/procedures so that the project can move forward:-

- 1) Seek confirmation from Gladstone Regional Council (GRC) that the sewer running diagonally across No. 16 Moura Close can be diverted around the site and the relevant works be carried out by GRC
- 2) Seek confirmation from GRC that the sewer/manhole on No. 22 Moura Close can be diverted/removed and the works be carried out by GRC
- 3) Seek confirmation from Ergon that the power pole stay located on No. 22 Moura Close can be removed and the works be carried out by Ergon
- 4) MN to undertake detailed survey of all the lots
- 5) Opus to prepare layout designs of sites, buildings, car parking etc to maximise building areas, combine car parking and accesses to reduce costs where possible, and to obtain prelim approval from GRC prior to proceeding to Development Application (DA)
- 6) Once site, building and car parking layouts are confirmed MN to propose best option for lot re-arrangement
- 7) Opus to finalise Sketch Drawings and Engineering Services reports for use in multiple DA applications as determined by final lot arrangements
- 8) MMA, RSL, MS and DB to use Sketch Drawings to obtain/confirm remaining consultants fees, building costs and application fees for use in obtaining funding
- 9) MN to prepare DA and Reconfiguration of Lot (ROL) documents and lodge to GRC
- 10) GRC to process DA and ROL applications
- 11) MN and Opus to attend to any Request for Information correspondences during DA process
- 12) Once DA's have been approved and Lot re-arrangements registered, GRC & MMA, RSL, MS, DB to proceed with finalisation of Lease documents
- 13) Once Lease arrangements have been finalised, MMA, RSL, MS and DB to engage consultants and builders to finalise documents/drawings etc required for Building (BA) and Operational Works (Op-Works) Applications
- 14) Once BA and Op-Works approvals are in place construction can commence.....

### Men's Health:



Men's Waterworks- here's a little quiz. No cheating! Just have a guess.

How much is a good bladder volume?

How many times is it normal to go to the toilet?

How many times peeing at night is 'normal'?

Find out more at the next health session at smoko on the 20th September, and learn a bit about Benign Prostate Enlargement (nothing to do with cancer).

### Caretaker

We are looking for a live in retired gent with a country background. We can offer new, comfortable bed onsite accommodation in return for helping around the farm, feeding horses occasionally and caretaking in our absence. If you know of anyone who might be interested please don't hesitate to call me on 0409 630 385. Kind regards

Ray Wise